

Corporate Catering

Sweet on You

SPECIALTY BAKERY • EVENTS • CAFÉ

1035 Newfield Ave.
Stamford, CT 06905
Located in the JCC

203.321.0066

www.sweetonyoubakery.com

info@sweetonyoubakery.com

Hours: Mon-Thurs 8:30am- 7pm, Fri 8:30am-2pm, Sat Closed,
Sun 9am-2:00pm

BREAKFAST & BRUNCH

THE HARTFORD

ASSORTED H&H BAGELS, MUFFINS, WHIPPED CREAM CHEESE, BUTTER AND PRESERVES
MINIMUM 8 GUESTS

8-20 GUESTS \$5.50 PER GUEST
21-50 GUESTS \$5.25 PER GUEST
51+ GUESTS \$5.00 PER GUEST

THE NEW CANAAN

ASSORTED H&H BAGELS, MUFFINS, BREAKFAST PASTRIES, FRUIT SALAD, YOGURT AND
GRANOLA, WHIPPED CREAM CHEESE, BUTTER AND PRESERVES

MINIMUM 8 GUESTS
8-20 GUESTS \$13.50 PER GUEST
21-50 GUESTS \$13.00 PER GUEST
50+ GUESTS \$12.50 PER GUEST

THE WESTPORT

BREAKFAST BURRITOS OR ROASTED VEGETABLE AND CHEDDAR SOUFFLE
HOME FRIED POTATOES

H&H BAGELS, CREAM CHEESE AND BUTTER
MINIMUM 15 GUESTS
15-50 GUESTS \$12.00 PER GUEST
50+ GUESTS \$11.50 PER GUEST

THE FAIRFIELD

FRENCH TOAST SOUFFLE
FRESH FRUIT SALAD
H&H BAGELS, CREAM CHEESE AND BUTTER
MINIMUM 15 GUESTS
15-50 GUESTS \$12.00 PER GUEST
50+ GUESTS \$11.50 PER GUEST

THE DARIEN

SMOKED SALMON WITH CAPERS
SLICED BEEFSTEAK TOMATOES, BERMUDA ONION AND CUCUMBERS
H&H BAGELS
SCALLION AND WHIPPED CREAM CHEESE
MINIMUM 8 GUESTS
8-20 GUESTS \$11.00 PER GUEST
21-50 GUESTS \$10.50 PER GUEST
50+ GUESTS \$10 PER GUEST

THE STAMFORD

SMOKED SALMON WITH CAPERS
*ALBACORE TUNA SALAD
EGG SALAD
SLICED BEEFSTEAK TOMATOES, BERMUDA ONION AND CUCUMBERS
H&H BAGELS
SCALLION AND WHIPPED CREAM CHEESE
MINIMUM 8 GUESTS
8-20 GUESTS \$20.00 PER GUEST
21-50 GUESTS \$19.50 PER GUEST
50+ GUESTS \$19 PER GUEST
*SUBSTITUTE LOW FAT APPLE CRANBERRY TUNA SALAD \$.50 PER PERSON

THE GREENWICH

SMOKED SALMON WITH CAPERS
WHITEFISH SALAD
HERRING IN WINE SAUCE OR CREAMED HERRING
*ALBACORE TUNA SALAD
EGG SALAD
SLICED BEEFSTEAK TOMATOES AND BERMUDA ONION
ASSORTED H&H BAGELS
SCALLION AND WHIPPED CREAM CHEESE
MINIMUM 15 GUESTS
15-30 GUESTS \$25.00 PER GUEST
31-50 GUESTS \$24.50 PER GUEST
50+ GUESTS \$23.50 PER GUEST
*SUBSTITUTE LOW FAT APPLE CRANBERRY TUNA SALAD \$.50 PER PERSON

SEASONAL FRUIT PLATTER

A SELECTION OF BEAUTIFULLY ARRANGED SEASONAL FRESH FRUIT
10-15 GUESTS \$65
16-20 GUESTS \$100
21-30 GUESTS \$125

COFFEE

LOCALLY ROASTED VIENNA ROAST COFFEE \$22 15 CUPS

LOCALLY ROASTED FRENCH ROAST DECAF COFFEE \$23 15 CUPS
MILK, CREAM, SUGAR, SUGAR SUBSTITUTE \$1 PER GUEST

BREAKFAST A LA CARTE

MINI BREAKFAST PASTRIES \$4.25 PER GUEST
HAND ROLLED NEW YORK BAGELS \$1.20
plain, sesame, whole wheat, everything, cinnamon raisin
BAGEL CHIPS \$3.99 BAG
NOVA LOX \$33.99 LB
WHOLE WHITEFISH \$15.99 LB
JUMBO WHITEFISH \$18.99 LB
WHITEFISH SALAD \$19.99 LB
HERRING IN WINE SAUCE \$9.50 LB
HERRING IN CREAM SAUCE \$10.50 LB
CREAM CHEESE \$6.99 LB
SCALLION CREAM CHEESE \$7.99 LB
VEGETABLE CREAM CHEESE \$8.99 LB
SMOKED SALMON CREAM CHEESE \$9.99 LB
FRESH FRUIT SALAD \$4.99 PER GUEST
EGG, VEGETABLE & CHEESE SOUFFLE \$33 HALF, \$60 FULL
FRENCH TOAST SOUFFLE \$35 HALF, \$70 FULL
POACHED SALMON \$24.99 LB
FRENCH DILL MUSTARD SAUCE \$8.99 LB

QUICHE (SERVES 10-12)

BROCCOLI AND CHEDDAR \$29
SPINACH, MUSHROOM AND ONION \$29
TOMATO, PESTO, KALAMATA \$29
ROASTED VEGETABLE PARMESAN \$29
SMOKED SALMON, SCALLION AND CREAM CHEESE \$40

LUNCH

WRAPS

HUMMUS AND SEASONAL ROASTED VEGETABLES

CLASSIC EGG SALAD WITH PARSLEY, LETTUCE AND TOMATO

SOLID WHITE TUNA SALAD BEEFSTEAK TOMATO AND ROMAINE

LOW-FAT APPLE CRANBERRY TUNA SALAD WITH ROMAINE

GRILLED TUNA MELT WRAP

SMOKED SALMON, DILLED CREAM CHEESE, CUCUMBER AND ROMAINE

WASABI SALMON SALAD CUCUMBER, BEEFSTEAK TOMATO AND ROMAINE

FALAFEL, TAHINA, BEEFSTEAK TOMATO AND ROMAINE

FALAFEL, MOZZARELLA & RED PEPPER GRILLED WRAP

CHEDDAR, CHIPOTLE, MUSHROOM & TOMATO GRILLED WRAP

SANDWICHES

CLASSIC EGG SALAD WITH PARSLEY, BEEFSTEAK TOMATO AND ROMAINE
ON MULTIGRAIN BREAD

SOLID WHITE TUNA SALAD WITH BEEFSTEAK TOMATO AND ROMAINE
ON MULTIGRAIN BREAD

LOW-FAT APPLE CRANBERRY TUNA SALAD WITH ROMAINE
ON WHOLE WHEAT BREAD

SMOKED SALMON, DILLED CREAM CHEESE AND CUCUMBER
ON MULTIGRAIN BREAD

GRILLED MOZZARELLA, BASIL PESTO AND BEEFSTEAK TOMATO BAGUETTE

BRIE, APPLE & HONEY MUSTARD BAGUETTE

SANDWICH AND WRAP PLATTERS

ASSORTED GOURMET WRAPS ATTRACTIVELY PLATTERED

8-20 GUESTS \$9.00
21-50 GUESTS \$8.75
51+ GUESTS \$8.50

ASSORTED GOURMET SANDWICHES AND WRAPS ATTRACTIVELY PLATTERED

12-25 GUESTS \$8.75
26-50 GUESTS \$8.40
51+ GUESTS \$8.00

EXECUTIVE LUNCH

ASSORTED GOURMET SANDWICHES
PASTA SALAD
GREEN SALAD WITH FRESH VEGETABLES
ASSORTED SWEET ON YOU COOKIES

8-20 GUESTS \$15
21-50 GUESTS \$14.50
51+ GUESTS \$14

BOARDROOM LUNCH

ASSORTED GOURMET WRAPS
PASTA SALAD
GREEN SALAD WITH FRESH VEGETABLES
ASSORTED SWEET ON YOU COOKIES

8-20 GUESTS \$18
21-50 GUESTS \$17.50
51+ GUESTS \$17

SIDE SALADS

THESE SALADS ARE A PERFECT ACCOMPANIMENT TO ANY LUNCH PLATTER

FARMER'S MARKET SALAD
CUCUMBER, GRAPE TOMATOES, RED ONION
MUSHROOMS AND CARROTS ON ROMAINE
WITH RED WINE VINAIGRETTE

8-20 GUESTS \$3.75
21-50 GUESTS \$3.50
51+ GUESTS \$3.25

MEDITERRANEAN SALAD
FETA, CALAMATA OLIVES, CUCUMBER, RED ONION
GRAPE TOMATOES, CHICKPEAS ON ROMAINE WITH
RED WINE VINAIGRETTE

8-20 GUESTS \$4.75
21-50 GUESTS \$4.50
51+ GUESTS \$4.25

CAESAR SALAD
ROMAINE WITH IMPORTED PARMESAN, HAND BAKED
CROUTONS AND ANCHOVIE CAESAR DRESSING

8-20 GUESTS \$4.75
21-50 GUESTS \$4.50
51+ GUESTS \$4.25

HARVEST SALAD

TART APPLES, DRIED CRANBERRIES, SPICED WALNUTS
IMPORTED BLUE CHEESE ON ROMAINE WITH HONEY VINAIGRETTE
8-20 GUESTS \$5.25
21-50 GUESTS \$5.00
51+ GUESTS \$4.75

SEPHARDIC SALAD

LENTILS, SUN DRIED TOMATOES, HEARTS OF PALM, CARROTS,
RED PEPPERS, BABY SPINACH AND RED WINE VINAIGRETTE
8-20 GUESTS \$4.75
21-50 GUESTS \$4.50
51+ GUESTS \$4.25

SPA COBB

CARROTS, CELERY, TOMATOES, GORGONZOLA, PUMPKIN SEEDS,
ROMAINE AND BUTTERMILK RANCH DRESSING
8-20 GUESTS \$5.00
21-50 GUESTS \$4.75
51+ GUESTS \$4.50

SESAME NOODLE SALAD

DURUM NOODLES WITH ASIAN SESAME SAUCE
CRISPY TOFU, CARROTS AND CUCUMBERS
AND BLACK SESAME SEEDS
8-20 GUESTS \$6.50
21-50 GUESTS \$6.00
51+ GUESTS \$6.50

ENTREE SALADS

MOST PEOPLE ORDER ENTRÉE SALADS TO SUPPLEMENT OTHER PLATTERS
THEY ARE PERFECT ALTERNATIVES FOR THOSE WHO ARE WATCHING WHAT THEY EAT

ASIAN SALMON SALAD

PAN SEARED ATLANTIC SALMON, RED PEPPERS,
SCALLIONS, TOASTED ALMONDS AND CUCUMBERS
ON ROMAINE WITH LOW FAT ASIAN VINAIGRETTE
8-20 GUESTS \$12
21-50 GUESTS \$11.50
51+ GUESTS \$11

SALMON CAESAR SALAD

GRILLED ATLANTIC SALMON, ROMAINE
IMPORTED PARMESAN, HAND BAKED
CROUTONS AND ANCHOVIE CAESAR DRESSING
8-20 GUESTS \$12
21-50 GUESTS \$11.50
51+ GUESTS \$11

FALAFEL SALAD

FALAFEL, CALAMATA OLIVES, GRAPE TOMATOES, CUCUMBERS,
RED PEPPERS, ROMAINE, LEMON SESAME DRESSING,
SERVED WITH HUMMUS AND PITA WEDGES

8-20 GUESTS \$7.50
21-50 GUESTS \$7.00
51+ GUESTS \$6.50

POACHED SALMON

ARTISTICALLY DECORATED WITH CUCUMBER SCALES AND FRESH HERBS
SERVED WITH FRENCH DILLED MUSTARD SAUCE

8-13 GUESTS \$90
15-20 GUESTS \$170

LUNCH A LA CARTE

SOLID WHITE TUNA SALAD	\$9.99 LB
LOWFAT TUNA WITH CRANBERRIES AND APPLES	\$10.99 LB
WASABI SALMON SALAD	\$16.99 LB
CLASSIC EGG SALAD	\$7.49 LB
VEGETARIAN CHOPPED LIVER	\$10.99 LB
WHEATBERRY & CRANBERRY SALAD	\$8.99 LB
GINGERED COUS COUS & DRIED FRUIT	\$8.99 LB
ISRAELI CHOPPED SALAD	\$9.99 LB
TOMATO EGGPLANT SALAD	\$11.99 LB
TABOULLEH	\$8.99 LB
HUMMUS	\$6.99 LB
TAHINA	\$8.99 LB
DEEP DISH QUICHE	
BROCCOLI AND CHEDDAR	\$30
SPINACH, MUSHROOM AND ONION	\$32
ROASTED VEGETABLE PARMESAN	\$32
SMOKED SALMON, SCALLION AND CREAM CHEESE	\$35

ENTREES

BLACK BEAN AND ROASTED VEGETABLE BURRITO
WITH RICE, CHEDDAR AND SALSA ON WHOLE WHEAT TORTILLA
8-20 GUESTS \$9.50
21-50 GUESTS \$9
51+ GUESTS \$8.50

FALAFEL PLATTER
ISRAELI FALAFEL, HUMMUS, TAHINA, & PITA
8-20 GUESTS \$9.50
21-50 GUESTS \$9
51+ GUESTS \$8.50

ISRAELI MEZE
ISRAELI FALAFEL, SPINACH & FETA PHYLLO PIE, LENTILS & RICE,
HUMMUS, TAHINA & PITA
8-20 GUESTS \$16
21-50 GUESTS \$15.50
51+ GUESTS \$15

FRESH SALMON BURGERS
ON GRILLED CIABATTA ROLLS WITH TOMATO, ROMAINE AND TZATZIKI SAUCE
8-20 GUESTS \$9.50
21-50 GUESTS \$9
51+ GUESTS \$8.50

OVEN ROASTED SALMON
SALMON ROASTED WITH CILANTRO, TOMATOES AND BERMUDA ONIONS
SERVED WITH BAKED POTATO, BUTTER
AND SAUTEED SPINACH
8-20 GUESTS \$20
21-50 GUESTS \$19.50
51+ GUESTS \$19

PAN-SEARED ASIAN SALMON
SALMON MARINATED WITH GINGER, SOY, SESAME AND RICE WINE VINEGAR
SERVED WITH STIR FRIED BROCCOLI, RED PEPPER AND SESAME RICE
8-20 GUESTS \$20
21-50 GUESTS \$19.50

POACHED SALMON
Artistically decorated with cucumber scales and fresh herbs
served with French dilled mustard sauce
8-13 GUESTS \$90
15-20 GUESTS \$170

QUICHE
DEEP DISH QUICHE WITH FOUR SAVORY SELECTIONS:
BROCCOLI AND CHEDDAR, SPINACH, MUSHROOM AND ONION,
ROASTED VEGETABLE PARMESAN, OR
SMOKED SALMON, SCALLION AND CREAM CHEESE
SERVED WITH MEDITERRANEAN SALAD
8-10 GUESTS \$70

15-20 GUESTS \$130

ENTREES A LA CARTE

HALF PANS SERVE 10-12, FULL PANS SERVE 18-22

FALAFEL	\$12 DZ, 2 DZ MIN
SPINACH FETA PHYLLO PIE	\$45 HALF, \$85 FULL
LASAGNA	\$45 HALF, \$85 FULL
SPINACH RICOTTA LASAGNA	\$48 HALF, \$90 FULL
ROASTED VEGETABLE LASAGNA	\$48 HALF, \$90 FULL
BAKED ZITI	\$40 HALF, \$75 FULL
EGGPLANT PARMIGIANA	\$48 HALF, \$90 FULL
BAKED MACARONI AND CHEESE	\$45 HALF, \$85 FULL
CHILAQUILE	\$45 HALF, \$85 FULL
(CASSEROLE OF BLACK BEAN, TORTILLA, CHEDDAR, ROASTED VEGGIES AND SALSA)	
GARLIC BREAD	\$10 12 PIECES

DINNER

APPETIZER PLATTERS

TRIO OF BRUSCHETTA

TOMATO, BASIL PESTO AND CAPER BRUSCHETTA
GORGONZOLA AND SPICED WALNUT BRUSCHETTA
SUN DRIED TOMATO, LEMON AND FETA BRUSCHETTA

8-13 GUESTS \$90

MEXICAN PLATOS

CORN, BLACK BEAN, CILANTRO AND QUESO FRESCO FLAUTAS, TOMATO SALSA
AND TOMATILLO SALSA WITH STONE GROUND CORN CHIPS

8-13 GUESTS \$90

HAND MADE TWIST BASKET

GRILLED ASPARAGUS TWISTS, PARMESAN TWISTS AND SUN DRIED TOMATO
TWISTS WITH
ROMESCO SAUCE

8-13 GUESTS \$90

CRUDITE

SEASONAL, GRACEFULLY ARRANGED FRESH AND BLANCHED VEGETABLES
WITH GREEN GODDESS
DIP AN ARTISAN BASKET

8-13 GUESTS \$90

MEDITERRANEAN MEZE

CILANTRO HUMMUS, EGGPLANT AND TOMATO SALAD, TABOULLEH, TZATZIKI,
FETA, CARROT AND LENTIL SALAD WITH FRESH PITA

8-13 GUESTS \$135

VEGETARIAN ANTIPASTI

GRILLED SEASONAL VEGETABLES, SHAVED IMPORTED PARMESAN, BASIL
WALNUT PESTO, SUN DRIED TOMATO CAPONATA AND CROSTINI

8-13 GUESTS \$145

MAKI PLATTER

CALIFORNIA ROLLS, SPICY TUNA DRAGON ROLLS AND SMOKED SALMON
CUCUMBER ROLLS WITH
WASABI AND SOY SAUCE
8-13 GUESTS \$150

HORS D'OEUVRES

*MINIMUM ORDER OF 2 DOZEN PER ITEM
ITEMS WITH A * ARE RECOMMENDED SERVED HOT*

BRUSCHETTA

TOMATO, BASIL AND FETA; OLIVADA; SUN DRIED TOMATO AND CAPER;
GORGONZOLA WITH SPICED WALNUTS
GRILLED VEGETABLE BROCHETTE WITH BASIL WALNUT PESTO
CHEDDAR, CORN AND CILANTRO QUESADILLA WITH SALSA*
MUSHROOM, CARAMELIZED ONION AND CHEDDAR QUESADILLA WITH SALSA*
FALAFEL WITH TAHINA SAUCE AND PITA TRIANGLES*
POTATO LATKES WITH APPLE SAUCE AND SOUR CREAM*
SPINACH AND FETA PHYLLO TRIANGLES*
STUFFED MUSHROOMS
GOAT CHEESE STUFFED MAJOOOL DATES
\$24 PER DOZEN

VEGETABLE SPRING ROLLS WITH PINEAPPLE SWEET AND SOUR SAUCE*
BLACK BEAN AND BANANA EMPANADITAS*
TUSCAN TUNA AND CALAMATA OLIVE SANDWICHES ON MINI BRIOCHE
KOSHER CRAB SALAD IN A CUCUMBER CUP
\$28 PER DOZEN

CALIFORNIA MAKI ROLLS

SPICY TUNA ROLLS
SPICY VEGETABLE ROLLS
SALMON BURGER SLIDERS WITH TZATIKI SAUCE*
MINI SMOKED SALMON CROQUE MONSIEUR*
SMOKED SALMON NAPOLEON WITH DILLED CREAM CHEESE ON MULTIGRAIN BREAD
SMOKED SALMON AND DILL TARTAR ON MULTIGRAIN
FRESH SALMON AND CAPER TARTAR IN GOUGERES (SAVORY CREAM PUFF)
ASIAN AHI TUNA TARTAR ON CUCUMBER ROUNDS
SESAME CRUSTED TUNA (COOKED RARE) WITH CUCUMBER WASABI SAUCE AND RED
PEPPER
ON SESAME WAFER
\$36 PER DOZEN

DESSERT

ALL OF OUR DESSERTS ARE BAKED FRESH DAILY IN OUR BAKERY
BY AWARD WINNING PASTRY CHEFS
USING ONLY THE FINEST CHOCOLATE, DAIRY, NUTS AND FRUITS

ASSORTED GOURMET COOKIES AND BARS

8-20 GUESTS \$5
21-50 GUESTS \$4.50
51+ GUESTS \$4

MINI PASTRIES

OVER-THE-TOP CHEESECAKE BITES
BITTERSWEET CHOCOLATE PETIT FOURS
RASPBERRY LEMON BAVARIAN BITES
MINI ASSORTED CUPCAKES
MINI WHOOPIE PIES
8-20 GUESTS \$8
21-50 GUESTS \$7.50
51+ GUESTS \$7

\$18 DOZEN, MIN. TWO DOZEN OF ANY ONE KIND

TO ORDER A CUSTOM CAKE PLEASE CALL US AT 203-321-0066

ORDERING GUIDELINES

24-HOUR NOTICE REQUIRED FOR CANCELLATION.
WE DELIVER TO STAMFORD AND GREENWICH MONDAY – FRIDAY.
DELIVERY WITHIN FAIRFIELD COUNTY IS AVAILABLE.
CORPORATE ACCOUNTS ARE WELCOME.